# Parasitic interactions between *nosema* spp. and *varroa destructor* in *apis mellifera* colonies

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# ABSTRACT

The European honey bee *Apis mellifera* is affected by many parasites and pathogens that modify its immune system being the most destructive ectoparasitc mite Varroa destructor. The parasitic disease caused by this mite results in high mortality levels in honeybee colonies without acaricide treatment. In addition, the microsporidium Nosema apis and Nosema ceranae produce serious damages to the colonies. Taking into account that the sporulation dynamics of the microsporidium can be affected by several factors the objective of this investigation was to analyze if there are parasitic interactions between V. destructor and Nosema spp. when both parasites co-infect A. mellifera colonies. Studies were carried out in an apiary in the Entre Ríos province, Argentina. The apiary was sampled for a 10 month period. Parameters recorded per hive in field examination were: (a) adult bee population (estimated as number of combs covered with adult bees); (b) brood area (estimated as number of combs covered by at least a 50 % of brood cells); (c) number of honey combs; (d) the V. destructor presence (a colony was considered parasitized by V. destructor when phoretic mite infestation was higher than 1 %) and (e) number of Nosema spp. spores (parasite abundance). Abundance of Nosema (AN<sub>ii</sub>) per colony was analyzed using the mixed general additive model (GAM) with variable intercept. The final data modeling confirmed that Nosema abundance is explained by the time and by the interaction between the month and the V. destructor infestation. Possible causes explaining this ecological relationship between V. destructor and Nosema spp. populations were discussed.

Key Words: Parasite interactions; Varroa destructor; Nosema; Apis mellifera

# Interacciones parasiticas entre Nosema spp y Varroa Destructor en Colonias de Apis Meliffera

# RESUMEN

La abeja Europea *Apis mellifera* es afectada por muchos parásitos y patógenos que modifican su sistema inmune siendo el más destructivo el ácaro ectoparasítico *Varroa destructor*. La enfermedad parasitaria causada por este ácaro resulta en altos niveles de mortalidad en colonias de abejas melíferas sin tratamiento acaricida. Adicionalmente, los microsporidium *Nosema apis* y *Nosema ceranae* producen serios daños a las colonias. Tomando en consideración que la esporulación dinámica del microsporidium puede ser afectada por diversos factores, el objetivo de esta investigación fue analizar si existe interacción parasítica entre *V. destructor* y *Nosema* 

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spp., cuando ambos parásitos co-infectan las colonias de *A. mellifera*. Los estudios fueron realizados en un apiario de la Provincia de Entre Ríos, Argentina. El apiario fue muestreado en un periodo de 10 meses. Durante cada revisión en campo, los siguientes parámetros por colonia fueron registrados: (a) población adulta de abejas (estimada como el número de panales cubiertos con abejas adultas); (b) área de cría (estimada como el número de panales cubiertos con abejas adultas); (c) número de panales de miel; (d) presencia de *Varroa destructor* (una colonia fue considerada parasitada por *Varroa destructor* cuando la infestación de ácaros foréticos era mayor del 1%) y el número de esporas de *Nosema* spp. (abundancia de parásitos). La abundancia de *Nosema* (AN<sub>ij</sub>) por colonia fue analizada usando el Modelo estadístico Mixed General Additive model (GAM) con intercepto variable. Los datos finales modelados confirmaron que la abundancia de *Nosema* es explicada por el tiempo y por la interacción entre el mes y la infestación de *V. destructor*. Posibles causas que podrían explicar esta relación ecológica entre las poblaciones de *V. destructor* and *Nosema* spp. fueron estudiadas.

Palabras clave: interacciones de parásitos, Varroa destructor, Nosema, Apis mellifera

#### **INTRODUCTION**

The European honey bee *Apis mellifera* is affected by many parasites and pathogens that modify its immune system (Gregory *et al.*, 2005; Evans *et al.*, 2006; Antúnez *et al.*, 2009). From all of them, the most destructive is the ectoparasite mite *Varroa destructor*. Parasitosis caused by the mite results in high mortality levels in honeybee colonies without acaricide treatment (Murilhas, 2002). *Varroa destructor* feeds on the haemolymph of its host producing haemocytes and protein content reduction (Tewarson, 1983; Smirnov, 1978), which leads to a decrease of the immune response of the parasited bees (Weinberg and Madel, 1985; Garedew *et al.*, 2004, Gregory *et al.*, 2005).

Microsporidia were classified as fungi highly specialized, adapted to parasitism (Sina et al., 2005). Among them, Nosema apis and Nosema ceranae constitute the etiological agent of the nosemosis, a disease affecting the A. mellifera intestinal epithelium, causing serious damages to colonies (Fries et al., 1984; Higes et al., 2008). The sporulation dynamics of the microsporidium can be affected by environmental factors such as temperature and rainfalls (Dyess and Wilson, 1978), or by the apiary management system (Bailey and Ball, 1991). Besides, microsporidia reproduction is helped by hemocyte destruction (Gilliam and Shimanuki, 1967) and by the catabolism acceleration of bee fats (Cornejo and Rossi, 1974). There are few previous studies analyzing if the parasitism caused by the V. destructor mite in bee colonies is connected by nosemosis development. Orantes Bermejo and García Fernández (1997) had tested the hypothesis that N. *apis* breeding is helped by the bee stress caused by the *V. destructor* parasitism. However, these authors could not confirm parasite interactions between both species and state that climate conditions under which they conducted studies may have influenced their results. This was also postulated by Bailey and Ball (1991). Other studies suggested that recent colony losses observed in Europe and the United States may be due to synergist effects between *N. ceranae* and *V. destructor* (Anderson and East, 2008; Cox-Foster *et al.*, 2007; Higes *et al.*, 2008; Ribiere *et al.*, 2008), but those observations are not entirely proved.

Gregory *et al.* (2005) showed that *V. destructor* causes the inmunosupression of the parasited bee decreasing the production of antimicrobial peptides like abaecin and defensin. Indeed it has been studied that these peptides participate in the inmuno-defense of the bees against *N. ceranae* and N. *apis* infections (Antúnez *et al.*, 2009). These authors observed that only *N. ceranae* was able to inmunosupress the bee and they tested the hypothesis that this phenomena could explain the greater pathogen virulence compared with its nonspecific organism. Few previous studies were found on this subject, consequently, the aim of this work was to analyze if there were parasite interactions between *V. destructor* and *Nosema* spp. when both parasites co-infected *A. mellifera* colonies.

## MATERIALS AND METHODS

#### Sampling zone and apiary characterization

Studies were carried out in an apiary in the Entre Ríos province. The apiary was sampled during 10 month (from June 2008 to March 2009). The environmental variables total rainfalls and average temperature were monthly registered from data provided by the National Weather Service. Previous to, and during studies, colonies did not receive parasitic control treatment against *Nosema*. With regard to *V. destructor* control the apiary did not receive synthetic acaricide treatments.

Sampling

Samplings were performed at monthly intervals and colonies were examined to detect presence of Paenibacillus larvae and Melisococcus plutonium bacteria or Ascophaera apis fungi. 15 bee colonies placed in Langstroth beehives were selected from an apiary of a total of 50 colonies. Only those with high bee population (from six to ten combs covered by adult bees) were chosen for sampling. During each field examination the following parameters were recorded per hive: (a) adult bee population (estimated as number of combs covered with adult bees); (b) brood area (estimated as number of combs covered by at least a 50 percent of brood cells); (c) number of honey combs; (d) the V. destructor presence (a colony was considered parasitized by V. destructor when phoretic mite infestation was higher than 1 %) and (e) number of Nosema spp. spores (parasite abundance).

To estimate *Nosema* spore abundance in each beehive, samples of foraging bees (n=100) were taken from the hive entrance. Sampling was always carried out at midday. The entrance of every hive was closed with a foam rubber so that later on, bees piled up on it could be collected, making them fall into a flask with water. In the laboratory, the abdomens of 60 bees of each sample were obtained in 60 ml of distilled water (Fries *et al.*, 1984). Later on, one drop of the homogenized solution was taken and put in a hemocytometer to quantify the number of spores in the sample using an optical microscope according to the protocol described by Cantwell (1970).

*Varroa destructor* prevalence per beehive was estimated in phoretic state following the protocol stated by De Jong (2005). The *V. destructor* prevalence per hive was calculated as:

% *V. destructor*= (Number of phoretic mites/ number of adult bees) x 100

# Data modeling and statistical analysis

Previous to data modeling, exploration analyses according to Zuur *et al.* (2009) were carried out in order to identify: (a) extreme data able to influence the

analysis result; (b) collinearity among the explanatory variables and (c) interaction among the explanatory variables. In agreement with Montgomery and Peck (1992), a high collinearity between variables results in great variances for the regression coefficients. Thus, in the presence of collinearity between variables it is necessary to choose only one of them to be included in the final model.

After the initial exploration, data of abundance of *Nosema* (AN<sub>ij</sub>) per colony were analyzed using the mixed general additive model (GAM) with variable intercept. All the generated models followed a Gaussian distribution and an "Identity Link" function (Zuur *et al.*, 2009). The "Identity Link" function assure that  $\mu_i = \eta$  (X<sub>i1</sub>, . . ., X<sub>iq</sub>) and the Gaussian distribution uses the following average and variance:

$$AN_{ij} \sim Normal (\mu_{ij}, \sigma^2)$$
$$E (AN_{ij}) = \mu_{ij} y var(AN_{ij}) = \sigma^2$$

where  $\mu_{ij} = \alpha + Varroa_{ij} + f1(\text{Nbees}_{ij}) + f2(\text{Nhoney}_{ij}) + f3(\text{Abrood}_{ij}) + f4(\text{Month}_{j}) + (\text{Month}): Varroa + \alpha_{i} + \varepsilon_{ii}$ 

The  $\alpha$  term is the fixed intercept:  $\alpha_i$  is the variable intercept and represented the abundance variation of Nosema attributed by the hive variable and it was assumed that it had a Normal distribution with 0 average and  $d_2$  variance. The  $f_1, \dots, f_5$  terms were the smoothers for the explanatory variables "V. destructor presence" (= Varroa), "Adult bee population per hive" (=N bees), "Number of honey combs per hive" (=Nhoney), "Bee brood area" (=A brood) and "Month" (Splines of cubic regression were used for the smoothers). The ":" symbol denotes the interaction between the month and the V. destructor prevalence. The sub indexes "ij" that go with each variable represented data registered for them in the "j" month and the "i" hive. As regards the  $\varepsilon_{ii}$  wastes it was assumed that they follow a Normal distribution with 0 average and  $d_2$  variance.

Calculations were done with the mgcv (Wood, 2006) and nlme (Pinheiro *et al.*, 2009) packages of the free R software (R Development Core Team, 2009.

## **RESULTS AND DISCUSSION**

The presence of *A. apis*, *M. plutonium* or *P. larvae* could not be visually determined in neither colony studied. The initial data exploration demonstrated that the "Adult bee population per hive", "Number

of honey combs per hive" and "Bee brood area" variables presented a high correlation among them. The same relationship was observed among "Month", "Temperature" and "Rainfalls" variables. Due collinearity the following model was chosen:

# Log (Abundance *Nosema* spp.) ~ Month : *Varroa* + Abrood, random= list (fhive=~1)

Where the term "random= list (fhive=~1)" is the statistically notation to denote the *Nosema* abundance variability per beehive.

The average monthly values of the variables studied for the apiary are shown in Chart 1 (including environmental variables). The presence of *V. destructor* in the apiary was detected in every month, with values of mite infestations per bee colony that vary between 0 to 10.2%

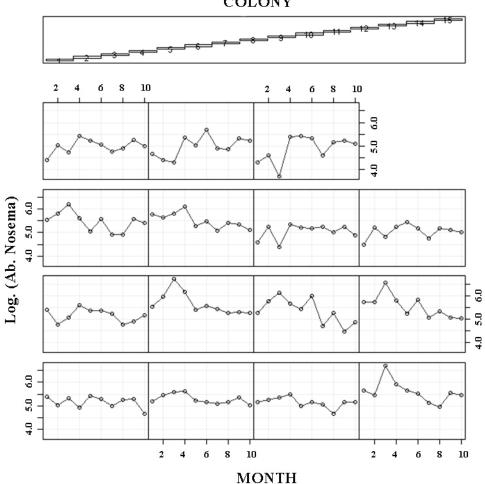
Figure 1 depicts the Nosema sporulation curve for every sampled hive along the time. It can be observed a non linear relationship in the Microsporidia abundance along the time justifying the mixed GAM model application. Each colony shows a different pattern of sporulation of Nosema spp. having an average peak during the colder months of the year (July- August). However, some colonies had sporulation peaks during spring months (October- November). These results demonstrated the sporulation variability of the microsporidia within an a apiary.

The final data modeling confirmed that Nosema abundance is explained by the time = rainfalls = temperature variables (variables highly correlated) and by the interaction between the month and the V. destructor infestation. Smoothers obtained for the Nosema abundance along time in the bee hives with and without Varroa presence were represented in Figure 2. Thus, the final model established that the microparasite abundance fluctuates along time showing a maximal sporulation peak between July and September. In addition, Figure 2 shows that the colonies parasited by V. destructor remained with greater loads of Nosema after the Microsporidia sporulation peak took place, compared with free mite colonies. Taking into account that the figures show a curve that touch negative values, means the reduction of the individual spores load on the bees and inside the colony, which means that the samples were done after the sporulation peak (In general after September month). Model parameters explaining the Nosema abundance were shown in Chart 2.

In this study, the initial exploration of data demonstrated high colinearity among bee brood, adult

Chart 1. Mean monthly June 2008-March 2009 values for each variable analyzed. Nespcol= *Nosema* abundance/hive; *Varroa*= phoretic mite infestation percentage/hive; Abrood= number of brood bee combs/hive; Nhoney= number of honey combs/hive. T.R= Total rainfalls; A.T= average temperature.

|           | nuture. |            |      |        |        | TD           |           |
|-----------|---------|------------|------|--------|--------|--------------|-----------|
| Month     | Nespcol | Varroa (%) | Nbee | Abrood | Nhoney | T.R.<br>(mm) | A.T. (°C) |
| June      | 227777  | 2.0        | 6.4  | 0.35   | 4.6    | 20           | 11        |
| July      | 300683  | 2.2        | 4.8  | 0.5    | 4.4    | 35           | 14        |
| August    | 1253666 | 1.3        | 5.4  | 0.65   | 3.7    | 60           | 7         |
| September | 492000  | 0.7        | 6.5  | 2.25   | 2.5    | 85           | 15        |
| October   | 210333  | 0.7        | 7.6  | 5.0    | 1.1    | 85           | 19        |
| November  | 324066  | 0.9        | 16.7 | 8.6    | 0.7    | 40           | 23        |
| December  | 112000  | 1.0        | 11.2 | 6.9    | 1.0    | 35           | 25        |
| January   | 182893  | 3.5        | 8.2  | 2.1    | 0.2    | 40           | 23        |
| February  | 133583  | 2.6        | 7.8  | 3.2    | 0.0    | 250          | 25        |
| March     | 188333  | 2.0        | 12.6 | 5.7    | 1.6    | 260          | 23        |



COLONY

Figure 1 Sporulation curves of Nosema per hive (Express as logarithm) from June 2008 to March 2009. The individual figures represent the sampled hives. The numbers 1 to 10 of each figure indicate the month sampled. 1=June; 2= July; 3=August; 4= September; 5= October; 6= November; 7= December; 8= January; 9=February; 10= March.

bees and honey combs per beehive. High colinearity was also registered among time, temperature and rainfalls. In agreement with Montgomery and Peck (1992), high colinearity among variables causes great variances for the regression coefficients and authors suggested to choose only one of them to be included in the final model. Thus, the registered high colinearity among the variables mentioned must be taken into account in future field researches optimizing the sampling effort.

The final modeling of data demonstrated that the Nosema abundance is explained by the interaction between time and parasitary loads of V. destructor. Previous studies reported that N. apis and V. destructor could co-exist in the same bee colony, even if their populations grow independently one from the other (Orantes Bermejo and García Fernández, 1997). These authors set the hypothesis that their observations were the result of determined environmental conditions under which they performed their studies and that different climate situations could have resulted in opposite observations (association between Varroa and Nosema). Our results, obtained from a geographical zone of temperate climate, demonstrated that the parasitism caused by V. destructor is able to modify the Nosema development along the annual cycle.

Differences with the cited authors may be also attributable to sampling method. Meana et al. (2010) demonstrated a high variability between Nosema spore counts depending on sampling time and bee's age. In the present study, sampling was made always

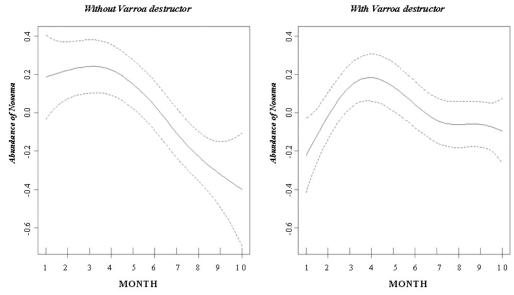


Figure 2. Generalized additive models for the Nosema abundance along time in *A. mellifera* colonies parasited and not parasited by *V. destructor*. The smoothers (solid line) and the confidence intervals at 95% (broken lines) were reported to the model from June 2008 to March 2009. 1=June; 2= July; 3= August; 4= September; 5= October; 6= November; 7= December; 8= January; 9=February; 10= March.

| Chart 2. Statistical | parameters of final | model exr | plaining Noser | na spp. abundance |
|----------------------|---------------------|-----------|----------------|-------------------|
|                      |                     |           |                |                   |

| Model | Variable<br>dependant | Variables<br>explanatories                   | AIC   | р    | Model                                      |
|-------|-----------------------|--|-------|------|--|
| Final | Ab. (Nosema)          | $f_1$ (Month x V.<br>destructor)<br>(P=0.01) | 169.5 | 0.01 | GAMM<br>(with intercept<br>variable= hive) |

at midday on foraging bees, unlike the composite samples of bees with different age used by Orantes Bermejo and García Fernández (1997). In this way, errors in the statistical conclusions were minimized given the sampling homogeneity. Chart 1. Mean monthly June 2008-March 2009 values for each variable analyzed. Nespcol= Nosema abundance/ hive; Varroa= phoretic mite infestation percentage/ hive; Abrood= number of brood bee combs/hive; Nhoney= number of honey combs/hive. T.R= Total rainfalls; A.T= average temperature

As regards the environmental variables, *Nosema* development was affected by temperature and rainfalls. When increasing the values of these variables, the parasite abundance decreased. These

results are in accordance with previous studies, which determined that the environmental conditions can modify Microsporidia development, both at natural and laboratory conditions (Dyess and Wilson, 1978; Malone and Giacon, 1996; Sarlo *et al.*, 2006; Martín-Hernández *et al.*, 2009).

The *N. ceranae* presence in Argentina was confirmed in 2008 (Sarlo *et al*, 2008; Plischuk *et al.*, 2008) despite of having registered alterations in the annual sporular dynamics since 2004 (Sarlo *et al.*, 2006). These reports, obtained from Buenos Aires apiaries demonstrated two abundance peaks, unlike the natural *Nosema* curve obtained in this study. Our data evidenced only one sporular peak between July and September, which is coincident with the seasonal

trend of a typical N. Apis infection. It shows low levels during the summer, small peaks in fall and a rapidly increase in the spring (Furgala and Mussen, 1978). Colonies developed in temperate climates during fall and winter seasons restricted their activity due to the scarce nectar flow, increasing dejections at the inner part of them (Fries, 1993; Fries et al., 2003). An increasing in the infecting mass, due to dejections inside the colony as well as the longer lifetime of bees, are the reasons why during the cold months great microsporidia loads are developed (Lhenert and Shimanuki, 1979). When air temperature increases, bees prepare the brood nest to the nectar collecting and an increase of activity takes place at the colony, which diminishes the lifetime of adult bees and increases the possibilities of making cleansing flights. This situation could explain why the Microsporidia abundance decreases when the temperature increases. The present study also demonstrates that bee population amount was not correlated with microsporidian abundance. Therefore, we could consider that there are no dilution effects on abundance rate caused by population increase on warmer months.

Compared with colonies not infested by Varroa, parasitized colonies showed higher Nosema counts after the abundance peak. A previous study carried out by Higes et al. (2010) showed that the illnesses produced by these pathogens, produce severe problems at the level of both the colony and the individual honey bee. Mite infestation could contribute to Nosema development. Other studies suggested that recent losses of colonies observed in Europe and in USA may be caused by synergist effects between N. ceranae and V. destructor (Anderson and East, 2008; Cox-Foster et al., 2007; Higes et al., 2008; Ribiere et al., 2008). This interesting behavior could be the result of the action of stressors generated by Varroa that affect the peritrophic membrane of the bee, a physical barrier against microsporidia infections. The histological picture of the ventriculus undergoes changes as a result of the action of stressors such as toxic substances (Bielenin and Ibek, 1980), incorrect nutrition (Szymaś, 1976; 1994) and bacterial infections (Gregorc and Bowen, 2000). Immunosupression caused by Varroa (Amdam et al., 2004; Gregory et al., 2005; Yang and Cox-Foster, 2007) predispose workers to many bacterial, fungal and viral infections. Anyway, at the present there is still little or no evidence to prove that invertebrate

hosts have an immune response that can suppress a microsporidia infection once it is established (Agnew et al., 2002). Also, deficiencies on vitellogenin levels (Vg) of winter bees (Amdam et al., 2004), is a cause of disequilibrium of population, being another possible stressor that facilitates infection by Nosema. Studies carried out by Antúnez et al. (2009) showed that unlike N. apis, N. ceranae infections partially suppress humoral and cellular defense mechanisms and reduce expression of Vg. As Varroa destructor mite also produces immune suppression and a decrease in Vg levels, simultaneous infection with both pathogens (N. ceranae and V. destructor) has been suggested as devastating for honeybee colonies. In the present study, colonies affected by both parasites survived as well as colonies without Varroa. Nevertheless, our studies were performed during only 10 months. Future studies should consider more time of sampling to detect bee mortality.

In this study, a correlation between *Nosema* development and honey reserves could not be found. Previous studies reported that *N. apis* parasitism negatively affected the reserve production of colonies (Fries *et al.*, 1984). In the present work, *Nosema* abundances were relatively low ( $<3 \times \exp^6$ /bee/month). The lack of evidence of the *Nosema* parasitism effects on the honey reserves of the colonies in these apiaries could be due to a low virulence of the mite or due to the short time of sampling. Higes *et al.* (2008) reported times significantly higher than those of this study to observe colony collapse of bees naturally infected by *N. ceranae*.

The low sporular loads of the apiary studied, compared with other studies, resulted to be of interest. Taking into account that the Microsporidia species were not identified in the apiary studied and that the presence of N. ceranae was reported from bee populations sampled in other zones of Argentina (Plischuk 2008; Sarlo et al., 2008), these different dynamics of the populations could be explained by the fact that there was N. apis microsporidia infections in the apiary studied. Other studies reported N. apis abundance values similar to those registered in this research (Fries, 1988; Orantes Bermejo and García Fernández, 1997; Pohorecka and Skubida, 2004). In addition to this, previous studies suggested that the reproduction rate of N. apis is lower than that of N. ceranae (Higes et al., 2007; Chen et al., 2009).

#### CONCLUSION

In view of the aforementioned, at the study conditions tested, it could be concluded that: (a) it was confirmed the existence of parasitary interactions between *V. destructor* and *Nosema*, (b) the average temperatures would be were inversely correlated with microsporidia development and (c) it is possible that both microsporidia species causing nosemosis in Argentina (*N. apis* and *N. ceranae*) are differently distributed in the country. Future DNA studies in *Nosema* populations affecting *A. mellifera* colonies in the country would be of great importance to understand the epidemiology of these Microsporidia and to make solid conclusions in studies performed in the field.

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